

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
* 8 AM Breakfast * 12 PM Lunch * 5 PM Dinner HAPPY NEW YEAR	* 8 AM Breakfast * 9:30 AM trip to West Branch * 12 PM Lunch * 5 PM Dinner	* 8 AM Breakfast * 10 AM Make chocolate covered Cherries * 12 PM Lunch * 5 PM Dinner	* 8 AM Breakfast * 10 AM Chair Exercises * 12 PM Lunch * 2 PM Kathy Jane Craft * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 2 PM Bingo * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 2 PM Movie * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 3 PM Church * PM Dinner
8	9	10	11	12	13	14
* 8 AM Breakfast * 12 PM Lunch * 2 PM Intellicare craft * 5 PM Dinner	* 8 AM Breakfast * 10 AM Craft with Reverence * 12 PM Lunch * 1:30 PM Yahtzee * 5 PM Dinner	* 8 AM Breakfast * 10 AM Yahtzee * 12 PM Lunch * 2 PM Bingo * 5 PM Dinner	* 8 AM Breakfast * 10 AM Chair Exercise * 12 PM Lunch * 2 PM Kathy Jane Craft * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 2 PM Bingo * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 2 PM Movie * 5 PM Dinner	* 8:00 AM Breakfast * 12 PM Lunch * 3 PM Church * 5 PM Dinner
15	16	17	18	19	20	21
* 8 AM Breakfast * 12 PM Lunch * 2 PM Ice Cream Social * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 1:30 Uno * 5 PM Dinner	* 8 AM Breakfast * 10 AM Wii Games * 12 PM Lunch * 2 PM Bingo * 5 PM Dinner	* 8 AM Breakfast * 10 AM Chair Exercises * 12 PM Lunch * 2 PM Kathy Jane Craft * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 2 PM Bingo * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 2 PM Movie * 5 PM Dinner	* 8 AM Breakfast * 12 PM Lunch * 3 PM Church * 5 PM Dinner

22	23	24	25	26	27	28
<ul style="list-style-type: none"> * 8 AM Breakfast * 12 PM Lunch * 2 PM Play Sorry * 5 PM Dinner 	<ul style="list-style-type: none"> * 8 AM Breakfast * 9:30 Trip to Tawas * 12 PM Lunch * 5 PM Dinner 	<ul style="list-style-type: none"> * 8 AM Breakfast * 12 PM Lunch * 2 PM Bingo * 5 PM Dinner 	<ul style="list-style-type: none"> * 8 AM Breakfast * 10 AM Chair Exercises * 12 PM Lunch * 2 PM Kathy Jane Craft * 5 PM Dinner 	<ul style="list-style-type: none"> * 8 AM Breakfast * 12 PM Lunch * 2 PM Bingo * 5 PM Dinner 	<ul style="list-style-type: none"> * 8 AM Breakfast * 12 PM Lunch * 2 PM Movie * 5 PM Dinner 	<ul style="list-style-type: none"> * 8 AM Breakfast * 12 PM Lunch * 3 PM Church * 5 PM Dinner
29	30	31				
<ul style="list-style-type: none"> * 8 AM Breakfast * 12 PM Lunch * 2 PM Yahtzee * 5 PM Dinner 	<ul style="list-style-type: none"> * 8 AM Breakfast * 10 AM Beaded Snow Flakes * 12 Lunch * 5 PM Dinner 	<ul style="list-style-type: none"> * 8 AM Breakfast * 10 AM Wii Games * 12 PM Lunch * 2 PM Bingo * 5 PM Dinner 				

JANUARY FUN FACTS

- * JANUARY 3RD NATIONAL CHOCOLATE COVERED CHERRY DAY
- * NATIONAL HOT TEA MONTH
- * NATIONAL BLOOD DONOR MONTH
- * NATIONAL SELF LOVE MONTH
- * CELEBRATION OF LIFE MONTH
- * GET ORGANIZED MONTH

Welcome to the Hale Creek Manors Monthly News Letter



January 2018

January Highlights

* 01/01/2018

New Year Day

*01/15/2018

Martin Luther King Jr.
Day

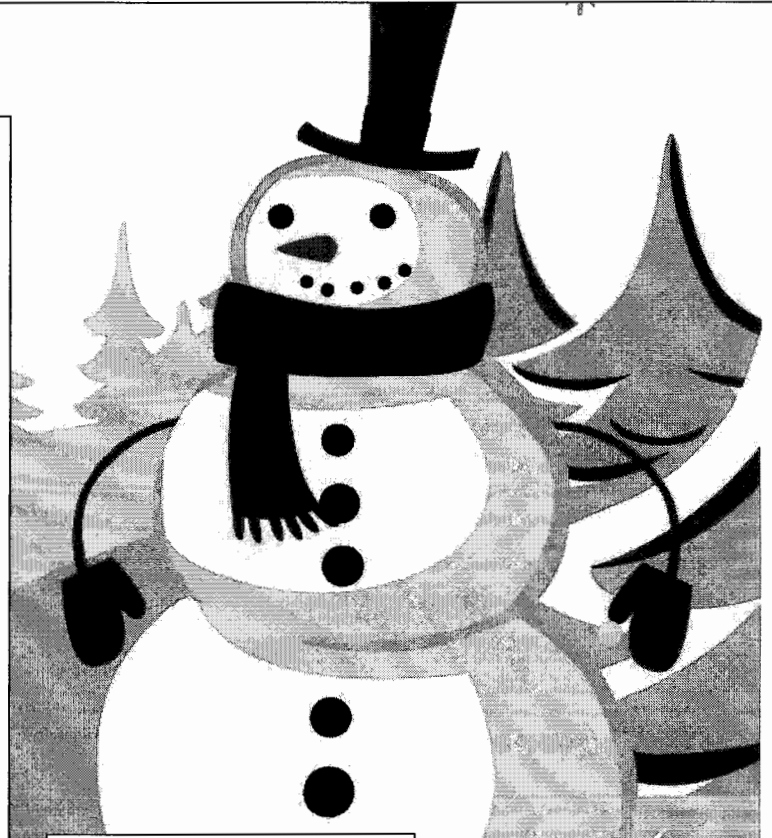
Happy New Year!!!!

As we enter this New Year, we look back and reflect on all the blessings we received this past year. We, the staff at the Hale Creek Manor, are blessed by each and every one of our residents. Each of our residents have their own personality, knowledge and life experiences that they bring to our community. That is what makes us the family that we have become. God bless us all on this New Year.

Winter Tips:

* When going out doors, remember to dress warmly. Wear layered, loose fitting clothing and mittens. When possible wear a hat to protect against heat loss since close to half of all body heat is lost through the head.

* To avoid slips and falls, wear non-skid boots or other shoes with plenty of traction.



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